



REHAB SHOULDER PROGRAM

2023

Program

Hall Lecture 1

Sunday, 17 September

08:30 - 09:00	Registration	
09:00 - 09:15	Introduction	Filippo Parisi
09:15 - 09:30	The Shoulder Complex	Elena Silvestri
09:30 - 09:45	Shoulder Anatomy and Biomechanics	Elena Silvestri
09:45 - 10:00	Gleno Humeral evaluation algorithm	Elena Silvestri
10:00 - 10:15	Capsular and Cuff Properties.	Elena Silvestri
10:15 - 10:30	From Stiffness to Instability	Elena Silvestri
10:30 - 10:50	Clinical Case	Chiara Gallo
17:00 - 17:20	Coffee Break	
11:10 - 11:45	Scapular evaluation algorithm	Chiara Gallo
11:45 - 12:15	Set up an assessment and plan a strategy	Filippo Parisi
12:15 - 13:15	Clinical Case and Practice	Chiara Gallo - Elena Silvestri
13:15 - 14:30	Lunch Break	
14:30 - 14:50	Rotator cuff tendinopathy – how to evaluate and manage it	Chiara Gallo
14:50-15:10	Conservative approach in tendinopathy	Chiara Gallo
15:10 -15:30	Rotator cuff tears and their evolution	Elena Silvestri
15:30-15:50	Loss of Fulcrum &Loss of Engine, from Cuff Repair to Shoulder Replacement	Elena Silvestri
15:50-16:40	Clinical Case and Practice	Chiara Gallo - Elena Silvestri

Physiotherapy Faculty



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