



14th Emirates Orthopaedic Society Meeting

1st Hip 360, Foot & Ankle Courses

Scientific Program

Congress Topics

- Hip 360 and Foot & Ankle 360: From Childhood to Elderly Care
- Updates on Evidence-Based Medicine and Research
- Sports Medicine and Arthroscopy
- Joint Preservation Techniques
- Trauma Management and Reconstruction
- Joint Reconstruction and Arthroplasty

27-29

November 2026

**The Ritz-Carlton Hotel
DIFC, Dubai - UAE**

**Save
the
date**



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Day 1	27 November 2026 - Friday	
08:00 - 09:00	Registration	
08:50 - 09:00	Welcome Remarks	Ali AlBelooshi
Hall A		
09:00 - 10:30	Session 1: Pediatric Hip	
	Moderators:	
09:00 - 09:10	Introduction: Why Children's Hips Matter to Adult Surgeons	
09:10 - 09:20	Paediatric Hip Problems Every General Orthopaedic Surgeon Should Know	
09:20 - 09:30	Hip Dysplasia early management is key	
09:30 - 09:40	Perthes Disease: Long-term Hip Preservation	
09:40 - 09:50	SCFE: Preventing Early Osteoarthritis	
09:50 - 10:00	Femoral Version and Torsional Problems	
10:00 - 10:20	Neuromuscular Hip Instability: Implications for Adult Hip Practice	
10:20 - 10:30	Discussion and Question & Answer	
11:00 - 11:30	Opening Ceremony, Exhibition Inauguration & Coffee Break	
11:00 - 12:30	Session 2: Decision making in Hip Preservation	
	Moderators:	
11:00 - 11:10	Welcome & Current Concepts in Hip Preservation	Hatem Galal Said
11:10 - 11:20	Clinical Examination of the Young Adult Hip	AbdulAziz Omar
11:20 - 11:30	Imaging: Radiographs, MRI, CT & 3D Planning	Ahmed Hazem
11:30 - 11:40	Femoroacetabular Impingement: Current Concepts	Osama Abdallah
11:40 - 11:50	Version Matters: The Role of Femoral & Acetabular Version in Hip Preservation	Walid Nahhal
11:50 - 12:00	Treatment Algorithm: Arthroscopy, PAO or Arthroplasty?	Vittorio Belotti
	Interactive Case Discussion I: Decision Making in Hip Preservation	
12:00 - 12:30	Moderator: Hatem Galal Said Panelists: Michael Dienst, Ahmed Hazem, Osama Abdallah	
12:30 - 14:00	Friday Prayer & Lunch Break	
14:00 - 15:30	Session 3: Contemporary Hip Arthroscopy: Techniques & Tips	
	Moderators:	
14:00 - 14:10	Patient Positioning, Portals & Access	Ahmed Hazem
14:10 - 14:20	Capsular Management: Repair, Closure & Reconstruction	Jon Conroy
14:20 - 14:30	Acetabular labrum - from resection to reconstruction - what to do when?	Michael Dienst
14:30 - 14:40	Pincer Management & Acetabular Rim Trimming	Hatem Galal Said
14:40 - 14:50	Cam Osteoplasty: How Much is Enough?	Michael Dienst
14:50 - 15:00	Cartilage Preservation & Biological Augmentation	Ahmed Elbakoury
15:00 - 15:10	Hip Arthrocopy in Trauma	Ahmed Hazem
	Complications & Revision Hip Arthroscopy – Expert Discussion	
15:10 - 15:30	Moderator: Ahmed Elbakoury Panelists: Hatem Galal Said, Jon Conroy, Michael Dienst	
15:30 - 16:00	Industry Symposium 1	
16:00 - 16:20	Coffee Break	
16:20 - 17:30	Session 4: Advanced Hip Preservation: PAO, Femoral Osteotomies & Complex Cases	
	Moderators:	
16:20 - 16:30	Current Indications for Periacetabular Osteotomy (PAO)	Walid Nahhal
16:30 - 16:40	PAO Surgical Technique: Pearls & Pitfalls	Sheikh Hussein
16:40 - 16:50	Borderline OA of the hip - when to preserve, when to replace?	Michael Dienst
16:50 - 17:00	Proximal Femoral Osteotomies in Hip Preservation	Sheikh Hussein
17:00 - 17:10	Management of SCFE and Perthes Sequelae	Jon Conroy
	Interactive Complex Case Panel: 'What Would You Do?'	
17:10 - 17:30	Moderator: Ahmed Hazem Panelist: AB, Sheikh Hussein, Walid Nahhal	
17:30	End of Day 1	

Day 1		27 November 2026 - Friday	
08:00 - 09:00	Registration		
08:50 - 09:00	Welcome Remarks		Ali AlBelooshi
Hall B			
09:00 - 10:30	Session 5: Joint preservation - Cartilage / Osteochondral Lesions		
	Moderators: Ehab Kheir, Moez Ballal		
09:00 - 09:15	Talar dome Cartilage and OCL management overview		Ehab Kheir
09:15 - 09:30	Arthroscopic Minced Cartilage Implantation (Autocart)		Mark Farndon
09:30 - 09:45	Xenograft/MaioRegen		Jason Eyre
09:45 - 10:00	AMIC/Scaffold and membranes		Mark Farndon
10:00 - 10:15	Osteochondral Allograft and metal implants of the Talus		Moez Ballal
10:15 - 10:30	Discussion and Question & Answer		
11:00 - 11:30	Opening Ceremony, Exhibition Inauguration & Coffee Break		
11:00 - 12:30	Session 6: Joint preservation – Ligaments, alignment, osteotomies		
	Moderators: Hussam Darwish, Husam A Al Rumaih		
11:00 - 11:15	TAnkle and hindfoot alignment overview, biomechanics		Hussam Darwish
11:15 - 11:30	Correcting deformity in the presence of ankle arthritis		Mark Farndon
11:30 - 11:45	Supra malleolar Osteotomies		Hussam Darwish
11:45 - 12:00	Inframalleolar correction and Ankle ligaments reconstruction		Jason Eyre
12:00 - 12:15	Case presenaion		All faculty
12:15 - 12:30	Discussion and Question & Answer		
12:30 - 14:00	Friday Prayer & Lunch Break		
14:00 - 15:30	Session 7: End stage Ankle arthritis		
	Moderators: Moez Ballal, Mohamed Alsafi		
14:00 - 14:15	Ankle arthritis management overview		Husam A Al Rumaih
14:15 - 14:30	Mobile vs fixed baring TAR outcomes		Jason Eyre
14:30 - 14:45	Patient specific implants. What’s the evidence?		Ehab Kheir/Moez Ballal
14:45 - 15:00	TAR Preoperative deformities. The good, the bad and the ugly		Husam A Al Rumaih
15:00 - 15:15	You’re too young for an ankle replacement. Is it still a myth?		Mohamed Alsafi
15:15 - 15:30	Discussion and Question & Answer		
15:30 - 16:00	Industry Symposium 1 - Hall A		
16:00 - 16:20	Coffee Break		
16:20 - 17:30	Session 8: F&A pathologies		
	Moderators: Maan Taba, Yousef Dhuhair		
16:20 - 16:35	Insertional Achilles tendinopathy		Muhammad Khalifa
16:35 - 16:50	Morton's neuroma - Excise or decompress		Harpal Jadeja
16:50 - 17:05	PCFD in adults. When do you operate?-		Yousef Dhuhair
17:05 - 17:20	Flexible planovalgus treatment in adolescents and young adults		Nina Djordjevic
17:20 - 17:30	Discussion and Question & Answer		
17:30	End of Day 1		

Day 2

28 November 2026 - Saturday

08:00 - 09:00	Registration	
Hall A		
09:00 - 10:30	Session 9: Head & Neck of Femur	
	Moderators: Omar Sabri	
09:00 - 09:15	Plenary Opening: The Burden of Hip Trauma in the GCC Region: Epidemiology & Outcomes Data Keynote Lecture: CASS KELLET	
09:15 - 09:30	Classification Systems for Femoral Neck Fractures: AO/OTA, Garden & Pauwels — Clinical Relevance in 2026	
09:30 - 09:45	Pipkin Fractures of the Femoral Head: Classification Surgical Approaches & Outcomes	
09:45 - 10:00	Internal Fixation of Undisplaced Femoral Neck Fractures: Screw Patterns, Implant Choice & Failure Prevention	
10:00 - 10:15	Hemiarthroplasty vs Total Hip Arthroplasty for Displaced Neck of Femur Fractures: RCT Evidence Update 2024-2026	
10:15 - 10:30	Avascular Necrosis after Femoral Neck Fracture: Risk Stratification, Monitoring & Salvage Strategies	
10:30 - 11:00	Industry Symposium 2	
11:00 - 11:20	Coffee Break	
14:00 - 15:30	Session 10: Femoral Neck Controversies	
	Moderators: Hayder Al Saadi	
11:20 - 11:40	Case-Based Panel: Difficult Femoral Neck Fractures - The High-Energy Young Patient	
11:40 - 12:00	Internal fixation of displaced femoral neck fractures in patients between 40 - 60 is futile - primary arthroplasty is safer and more durable"	
12:00 - 12:20	hemiarthroplasty should be the default treatment for ALL displaced femoral neck fractures in patients over 70 - Total Hip Replacementhas no remaining role	
12:20 - 12:30	Discussion: Open Floor Rebuttals & Audience Vote	
12:30 - 13:00	Industry Symposium 3	
13:00 - 14:00	Lunch Break	
14:00 - 15:30	Session 11: Acetabular Fractures	
	Moderators: Feras Yai'sh	
11:20 - 11:40	Letournel Classification in the CT Era: How It Holds Up & Where It Fails	
11:40 - 12:00	Hip Dislocation - Emergency management and decision making Surgical Approaches to the Acetabulum: Kocher-Langenbeck, Iliioinguinal, Stoppa & Combined — How to Choose	
12:00 - 12:20	Fragility fractures of the acetabulum - options for treatment and latest evidence	Omar Sabri
12:20 - 12:30	Percutaneous & Minimally Invasive Fixation of Acetabular Fractures: Indications, Technique & Limits	Joseph Al Sousou
16:00 - 16:20	Complications of Acetabular ORIF: Heterotopic Ossification, Nerve Injury & Loss of Reduction	
15:00 - 15:30	Debate II - Acetabular Fixation Controversies "Acetabular fractures in patients over 70 should be treated by primary "Fix & Replace" - Fixation alone or delayed THR are inferior options	
15:30 - 15:50	Coffee Break	
15:50 - 17:00	Session 12: Complex Injuries & Emerging Frontiers	
	Moderators: Joseph Al Sousou	
15:50 - 16:05	Failed Proximal Femoral Fixation - Management and Rational for Re-fixation	
16:05 - 16:20	Arthroplasty for treatment of trochanteric fixation Failure	Sheikh Hussein
16:20 - 16:35	Periprosthetic Fractures Around the Hip: Vancouver Classification Update & Surgical Algorithm	
16:35 - 16:45	3D Printing, Virtual Surgical Planning & AR Navigation in Complex Hip Trauma: Where Are We?	
16:45 - 16:55	Optimising Outcomes in Hip Trauma: The MDT Approach — Anaesthesia, Geriatrics & Rehabilitation	
15:50 - 17:00	Session 13: Arthroplasty vs Fixation (Grand Finale)	
	Moderators: Joseph Al Sousou	
17:00 - 17:30	"In 2030, the majority of hip fractures across ALL age groups will be managed with primary arthroplasty — the era of internal fixation as first-line is ending"	
17:30 - 18:00	Open Forum: Floor Rebuttals, Live Polling & Expert Panel Closing Statements	All Debate Faculty
17:00	End of Day 2	

Day 2

28 November 2026 - Saturday

08:00 - 09:00 Registration

Hall B

09:00 - 10:30 Session 14: Ankle and Pilon fractures

Moderators: Moez Ballal, Hussam Darwish

09:00 - 09:10	How to assess stability of ankle fractures?	Yousef Duhair
09:10 - 09:20	Posterior Malleolus fractures dilemma	Praneeth Rivuri
09:20 - 09:30	Managing Syndesmosis injuries	Mohamed Turkey
09:30 - 09:45	Pilon fractures management planning	Jason Eyre
09:45 - 10:00	Pilon fractures - ORIF or Frame?	Ahmed El Gammal
10:00 - 10:15	Pilon fractures - Fix or fuse?	Moez Ballal

10:15 - 10:30 Discussion and Question & Answer

10:30 - 11:00 Industry Symposium 2 - Hall A

11:00 - 11:20 Coffee Break

11:20 - 13:00 Session 15: Hindfoot fractures - Talus, Calcaneus, Navicular, Cuboid

Moderators: Yousef Dhuhair, Ehab Kheir

11:20 - 11:35	Talus #	YJason Eyre
11:35 - 11:50	Calcaneus #	Muhammad Khalifa
11:50 - 12:05	Navicular and Cuboid #	Mark Farndon
12:05 - 12:20	Lisfranc	Hussam Darwish

12:20 - 12:30 Discussion and Question & Answer

13:00 - 14:00 Lunch Break

14:00 - 15:30 Session 16: Knee Sports Session

Moderators:

14:00 - 14:10
14:10 - 14:20
14:20 - 14:30
14:30 - 14:40
14:40 - 14:50
14:50 - 15:00
15:00 - 15:30

15:30 - 15:50 Coffee Break

15:50 - 17:00 Session 17: Knee Sports Session

Moderators:

15:50 - 16:00
16:00 - 16:10
16:10 - 16:20
16:20 - 16:30
16:30 - 16:40
16:40 - 16:50
16:50 - 17:00

17:00 End of Day 2

Day 3

29 November 2026 - Sunday

Hall A

09:00 - 10:30	Session 18: Hip Arthroplasty	
	Moderators:	
09:00 - 09:10	Direct anterior is my preferred choice	Ikram Nizam
09:10 - 09:20	DA on normal table in lateral position	Oleg
09:20 - 09:30	STAR approach is my preferred way	Oussama Chaar
09:30 - 09:40	Harding approach still stands in 2026	
09:40 - 09:50	Stem Choices in 2026 in primary THA	
09:50 - 10:00	Bearing surface of choice 2026	
10:00 - 10:20	Why Hip-Spine Matters in 2026	
10:20 - 10:30	Question & Answer	
10:30 - 11:00	Industry Symposium 5	
11:00 - 11:20	Coffee Break	
11:20 - 12:30	THA in GCC	
	Moderators:	
11:20 - 11:30	THA in children	
11:30 - 11:40	THA in DDH	Salamah Ayyad
11:40 - 11:50	Subtrochanteric osteotomy how to avoid trouble	
11:50 - 12:00	Management of AVN	
12:00 - 12:10	THA in SCD	Thunayan Alemairi
12:10 - 12:20	THA in post traumatic cases	
12:20 - 12:30	Question & Answer	
12:30 - 13:00	Industry Symposium 6	
13:00 - 14:00	Lunch Break	
14:00 - 15:30	Session 20: Revision THA	
	Moderators:	
14:00 - 14:10	Why THA are failing in 2026	
14:10 - 14:20	Management of Hip instability	Orfan Arafah
14:20 - 14:30	Surgical exposure in revision THA	
14:30 - 14:40	Safe hardware removal	
14:40 - 14:50	Acetabular and femoral bone loss classification	
14:50 - 15:00	Management acetabular bone loss with Augments	
15:00 - 15:10	Pelvic discontinuity management	Sheikh Hussein
15:10 - 15:20	Femoral bone loss management	
15:20 - 15:30	Tri-falanged and megaprosthesis	Orfan Arafah
15:30-15:40	Question & Answer	
15:40 - 16:00	Coffee Break	
14:00 - 15:30	Session 21: Infection, periprosthetic and the future of Hip arthroplasty	
	Moderators:	
16:10 - 16:20	Update on infection investigations	
16:20 - 16:30	Single stage is the new gold standard	
16:30 - 16:40	Two stage remain the gold standard	
16:40 - 16:50	Vancouver classification of periprosthetic fractures	
16:50 - 17:00	Internal fixation in periprosthetic fracture	
17:00 - 17:10	Revision arthroplasty for Periprosthetic fracture	
17:00 - 17:10	Question & Answer	
17:10 - 17:30	Closing Ceremony	
17:30	End of Day 3	

Day 329 November 2026 - Sunday

Hall B

09:00 - 10:30	Session 22: F&A clinic	
	Moderators: Yousef Dhuhair, Moez Ballal	
09:00 - 09:15	Plantar fasciitis. Is there a silver bullet?	Moez Ballal
09:15 - 09:30	Bilateral forefoot surgery- pro and against	Les Cannon
09:30 - 09:45	Forefoot pain / Metatarsalgia	Praneeth Rivuri
09:45 - 10:00	Charcot foot	KP Meda
10:00 - 10:15	Tarsal Coalition	Les Cannon
10:15 - 10:30	Question & Answer	
10:30 - 11:00	Industry Symposium 5 - Hall A	
11:00 - 11:20	Coffee Break	
11:20 - 12:30	Session 23: Ankle Arthroscopy and MIS surgery	
	Moderators: Maan Taba, Yousef Duhair	
11:20 - 11:30	Scarf Vs MIS correction for bunions. Choose your team.	Mohamed Turkey
11:30 - 11:40	MIS forefoot surgery	Guillermo Sanchez
11:40 - 11:50	Ankle Arthroscopy - The Basics	KP Meda
11:50 - 12:00	Arthroscopic ligament repair	Ankit Khurana
12:00 - 12:10	Arthroscopic FHL transfer	Maan Taba
12:10 - 12:30	Question & Answer	
12:30 - 13:00	Industry Symposium 6 - Hall A	
13:00 - 14:00	Lunch Break	
14:00 - 15:30	Session 24: Free Paper Session	
	Moderators: Jaber Alkhyeli, Hayder Al Saadi	
14:00 - 14:10	Scarf Vs MIS correction for bunions. Choose your team.	
14:10 - 14:20	MIS forefoot surgery	Orfan Arafah
14:20 - 14:30	Ankle Arthroscopy - The Basics	
14:30 - 14:40	Arthroscopic ligament repair	
14:40 - 14:50	Arthroscopic FHL transfer	
14:50 - 15:00		
15:00 - 15:10		Sheikh Hussein
15:10 - 15:20		
15:20 - 15:30		Orfan Arafah
15:30 - 15:40		
15:00 - 15:15	Coffee Break	
17:10 - 17:30	Closing Ceremony	
17:30	End of Day 3	