

## THURSDAY 21 APRIL, 2016

## Hall A

## Hall B

08:00 - 10:00

Session I: Knee Sport part 1

Moderator: Dr. Philippe Neyret, Dr. James Hui

08:30 - 08:50	Anterior knee pain and patellar instability	Dr. Philippe Neyret
08:50 - 09:10	First time patellar dislocation: which ones need surgery, why and how?	Dr. Pascal Christel
09:10 - 09:30	Simplifying the patellofemoral biomechanics and its clinical application	Dr. Deepak Goyal
09:30 - 09:50	Patellar instability: my way to treat it!	Dr. Philippe Neyret
09:50 - 10:00	Question and Answer	

10:00 - 10:30

OPENING CEREMONY &amp; INAUGURATION OF EXHIBITION

10:30 - 12:30

Session II: Knee Sport Part 2

Moderator: Dr. Yaaqoub Al Hammadi, Dr. James Stannard

10:30 - 10:45	Trochlear Dysplasia: it plays a role in patellofemoral instability tips and tricks for a successful trochlear osteoplasty in skeletally immature patient	Dr. James Hui
10:45 - 11:00	Trochleoplasty in Adult:	Dr. Deepak Goyal
11:00 - 11:45	Panel Discussion: technique of anatomical MPFL reconstruction: • The Superficial Quad Technique for MPFL reconstruction • Novel technique of anatomical MPFL reconstruction • Femoral tunnel placement in MPFL reconstruction radiographic landmarks vs anatomic landmarks	Dr. Deepak Goyal Dr. Robert Smigielski Dr. Karl Almkvist
11:45 - 12:00	New approach to ACL anatomy (comparison study of anatomy, MR, CT and histology)	Dr. Robert Smigielski
12:00 - 12:15	Mechanisms and Prevention of ACL Injury	Dr. Abdul Hameed Al Attar
12:15 - 12:30	Revision ACL reconstruction: Keys to Success	Dr. Philippe Neyret

12:30 - 14:15

WORKSHOP WITH LUNCH: SAVE THE MENISCUS  
BY HEALTHPOINT-ABU DHABI KNEE & SPORTS MEDICINE CENTRE  
DR. NADER DARWICH (CHAIRMAN)

14:15 - 16:00 Session III: Knee Sport Part 3

Moderator: Dr. Nader Darwich, Dr. Phillippe Landreau

14:15 - 14:30	Anatomical ribbon like ACL reconstruction	Dr. Robert Smigielski
14:30 - 14:45	Breakthroughs in ACL Healing: Biological and Mechanical Augmentation	Dr. Roman Cugat
14:45 - 15:00	Patellar ACL reconstruction. My way is the best	Dr. Saeed Al Thani
15:00 - 15:15	Controversies in ACL Management	Dr. Nader Darwich
15:15 - 15:30	Lateral Extra-articular Tenodesis: Is it safe and efficient to do it?	Dr. Phillippe Landreau
15:30 - 15:45	Complications to Avoid with ACL Surgery	Dr. Pascal Christel
15:45 - 16:00	Anatomical PCL reconstruction Update	Dr. James Stannard

14:30 - 16:00 Session IV-A: Pain Symposium - Part I

Moderator: Dr. Usama Saleh, Dr. Mohammed Gaballa

14:30 - 15:00	Which protocol for which patient? Postoperative Pain management in the orthopaedic surgery field	Dr. Ammar Alsalti
15:00 - 15:10	Question and Answer	
15:10 - 15:20	Septic arthritis following acl reconstruction: case series	Dr. Mohammad Konchwala
15:20 - 15:30	Tranexamic Acid in Total Joint Arthroplasty: Reduces Blood Loss, and is also Cost Effective	Dr. Morgan Prince
15:30 - 15:40	"State of art" newest MISS for Osteoporotic VCF	Dr. Zbiggy Brodzinsky
15:40 - 15:50	Clinical & biomechanical determinants of outcome comparing a novel conforming patella, the genesis ii button and unresurfaced patellae in total knee arthroplasty – a randomised controlled trial.	Dr. Morgan Prince
15:50 - 16:00	History & Evolution of Posterior approach to Hip joint	Dr. Ritesh Rathi

## THURSDAY 21 APRIL, 2016

16:00 - 16:30

COFFEE BREAK

## Hall A

## Hall B

16:30 - 18:00 *Session V: Knee Sport Part 4*

Moderator: Dr. Saeed Al Thani, Dr. Pascal Christel

16:30 - 16:45 Arthroscopic meniscus root repair Dr. Robert Smigielski

16:45 - 17:00 Young Patient with Old Knee Dr. Christopher Butcher

17:00 - 17:15 The posterolateral corner of the knee: diagnosis and treatment Dr. James Stannard

17:15 - 17:30 ACL reconstruction in skeletally immature patient Dr. Nader Darwich

17:30 - 17:45 The medial side of the knee: Posteromedial Corner tear is not the same as MCL tear Dr. James Stannard

17:45 - 18:00 Interactive case discussion

16:30 - 17:20 *Session IV-B: Pain Symposium - Part II*

Moderator: Dr. Usama Saleh, Dr. Mohammed Gaballa

16:30 - 16:40 Failure to restore calcaneal length; a suspect for chronic heel pain after complex calcaneal fractures Dr. Hossam Diab

16:40 - 16:50 Super capsular Percutaneously Assisted Total Hip Replacement Dr. Ritesh Rathi

16:50 - 17:00 Difficulties encountered during internal fixation of unstable paediatric pelvic injuries Dr. Mohamed Kenaway

17:00 - 17:10 Arthroscopic reconstruction of the labral lesion of the hip with allogenic fascia lata or rectus autograft Dr. Mazek Jacek

17:10 - 17:20 The use of Röttinger minimal invasive approach together with a dual Dr. Olivier Bringer

## Hall C AAOS' ORTHOPAEDIC VIDEO THEATER

## Hall D AAOS' ORTHOPAEDIC VIDEO THEATER

14:30 - 16:00 Multimodal Pain Management with Periarticular Infiltration of Liposomal Bupivacaine in Total Hip Arthroplasty (Duration – 17 mins 13 sec.)  
Author: Michael Mont, John Barrington, Jeffrey Cherian16:00 - 18:00 Revision Total Knee Arthroplasty: Exposure and Component Removal (Duration – 22 mins 22 sec)  
Author: Alberto Carli, Mark Figgie, Lucian Warth, Douglas Padgett14:30 - 15:30 Chevron Shaft Osteotomy for Hallux Valgus (Duration – 5 mins 33 sec.)  
Author: Jose A. Sanhudo15:30 - 17:30 AWARD WINNER! Surgical Treatment of Flexible Flatfoot in Children: Subtalar Arthroereisis and Combined Surgical Procedures (Duration – 23 mins 59 sec.)  
Author: Cesare Faldini, Francesco Traina, Matteo Nanni, Daniele Fabbri, Raffaele Borghi, Fabrizio Perna, Ilaria Sanzarello, Federico Pilla, Sandro Giannini

Notes: .....

## FRIDAY 22 APRIL, 2016

### Hall A

08:00 - 10:00

*Session VI: Foot and Ankle conditions: Part 1*

**Moderator: Dr. Salim Alnuaimi, Dr. Hussam Darwish**

08:00 - 08:15	Hallux Valgus management	Dr. Mohsen Movahedi
08:15 - 08:30	Planter Fasciitis.	Dr. Nassef M Nassef
08:30 - 08:45	Treatments for Failed Forefoot Reconstructive procedures: Now what?	Dr. Johnny Lau
08:45 - 09:00	Heel pain and insertional tendinitis Achilles tendon	Dr. Hussam Darwish
09:00 - 09:15	Triple Tendon Transfer for Common Peroneal Nerve Palsy	Dr. Mohsen Movahedi
09:15 - 09:30	Peroneal tendon Pathology	Dr. Hussam Darwish
09:30 - 09:45	Achilles Tendon Ruptures: Surgical vs. Non-Surgical treatment and optimizing strength	Dr. Johnny Lau
09:45 - 10:00	Interactive case discussion	

10:00-10:30

COFFEE BREAK

### Hall A

### Hall B

10:30 - 12:00 *Session VII: Foot and Ankle conditions: Part 2*

**Moderator: Dr. Nassef M Nassef, Dr. Johnny Lau**

10:30 - 10:45	Soft tissue impingement of the ankle	Dr. Massimo Toffolo
10:45 - 11:00	Rational Approaches for the Acute and Chronic Ankle Syndesmotic Injuries	Dr. Johnny Lau
11:00 - 11:15	Ankle instability, current treatment.	Dr. Salim Alnuaimi
11:15 - 11:30	OCD of the Talus	Dr. Nassef M Nassef
11:30 - 11:45	OCD of the Tibial Plafond	Dr. Hussam Darwish
11:45 - 12:00	Approach to the Painful Ankle Fusion	Dr. Johnny Lau

10:30 - 12:00 *Session VIII: Lower Extremity Trauma Part 1: Proximal Tibia fracture and knee Dislocation.*

**Moderator: Dr. Sherif Khaled, Dr. Hayder Al Sadei**

10:30 - 10:50	The Dislocated Knee: It Doesn't Need to Be Transferred - 5 Keys to Success with Timing and Treatment	Dr. James Stannard
10:50 - 11:10	Evaluation of Tibial plateau fracture, Understanding the fracture and setting the treatment plan	Dr. Sherif Khaled
11:10 - 11:30	Approaches to proximal tibia	Dr. James Stannard
11:30 - 12:00	Case Discussions:	

12:00-13:00

PRAYER BREAK

13:00-14:30

SYMPOSIA & LUNCH BY LILLY  
FRAGILITY FRACTURES OF THE PELVIS  
THERAPEUTIC MANAGEMENT OF NON-VERTEBRAL FRAGILITY FRACTURES, CUT SHORT  
DR. ASSEM TANTAWI



### HANDS-ON WORKSHOP

14:00 - 15:30 Management of Pre-Intra Trochanteric fractures + Gamma 3  
Dr. Hayder Saleh Abdulhadi – Rashid Trauma Center – Dubai



## FRIDAY 22 APRIL, 2016

Hall A		Hall B	
<b>14:30 - 16:00</b>	<b>Session IX: Cartilage and Orthobiologics: Part 1</b> <b>Moderator: Dr. Karl Almqvist, Dr. Deepak Goyal, Dr. Khaled Alhammadi</b>	<b>14:30 - 16:00</b>	<b>Session X: Lower Extremity Trauma Part 2 Tibial Pilon's fracture.</b> <b>Moderator: Dr. Hesham AL-Khateeb, Dr. Usama Saleh</b>
14:30 - 14:45	Role of Biology (PRGF) in fracture nonunion <b>Dr. Ramon Cugat</b>	14:30 - 14:45	Understanding the fracture and planning the treatment plan including Anatomy and surgical approaches <b>Dr. Sherif Khaled</b>
14:45 - 15:00	Fat therapy for LBP/DDD <b>Dr. Zbiggy Brodzinsky</b>	14:45 - 15:00	Fibula fixation? <b>Dr. Hesham AL-Khateeb</b>
15:00 - 15:15	Chondrofacilitation and Chondroprotection: Adjuvant Management in the Athlete <b>Dr. Ramon Cugat</b>	15:00 - 15:15	Pitfalls and complication <b>Dr. Sherif Khaled</b>
15:15 - 15:30	Aspetar experience with knee biologic treatment. <b>Dr. Philippe Landreau</b>	15:15 - 16:00	Interactive Cases Discussions
15:30 - 15:45	Stem Cell, PRP other Biologic treatment, current evidence. <b>Dr. Karl Almqvist</b>		
15:45 - 16:00	Interactive Cases Discussions		
<b>16:00 - 16:30</b>		<b>COFFEE BREAK</b>	
Hall A		Hall B	
<b>16:30 - 18:00</b>	<b>Session XI: Cartilage and Orthobiologics: Part 2</b> <b>Moderator: Prof. Ramon Cugat, Dr. Khaled Alhammadi</b>	<b>16:30 - 18:00</b>	<b>Session XII: Hip Fractures and replacement:</b> <b>Moderator: Dr. Abdullah Al Turki, Dr. Afshin Taheriazam</b>
16:30 - 16:45	Evidence Based Medicine for Biologics in Sports Foot/Ankle Injuries <b>Dr. Johnny Lau</b>	16:30 - 16:45	Pertrochanteric fracture management; evidence-based approach <b>Dr. Sherif Khaled</b>
16:45 - 17:00	Biologic replacement of the knee: a new approach for active patients with full thickness cartilage loss <b>Dr. James Stannard</b>	16:45 - 17:00	Femoral neck fracture and osteoporotic hip fractures <b>Dr. Usama Saleh</b>
17:00 - 17:15	Cartilage defects of the Patella in Adolescents <b>Dr. James Hui</b>	17:00 - 17:15	Dual mobility cups for recurrent THA dislocation <b>Dr. Afshin Taheriazam</b>
17:15 - 17:30	Missouri Osteochondral Preservation System - the importance of live chondrocytes with transplants <b>Dr. James Stannard</b>	17:15 - 17:30	Hip replacement Following Acetabular fracture <b>Dr. Abdullah Al Turki</b>
17:30 - 17:45	Autologous Chondrocytes Implantation In The Cartilage Repair <b>Dr. Milan Handl</b>	17:30 - 18:00	Bilateral THA: ONE-STAGE VERSUS TWO-STAGE PROCEDURE <b>Dr. Afshin Taheriazam</b>
17:45 - 18:00	Q & A All Faculty		
Hall C AAOS' ORTHOPAEDIC VIDEO THEATER		Hall D AAOS' ORTHOPAEDIC VIDEO THEATER	
09:00 - 10:30	All-Epiphyseal Physeal-Sparing Anterior Cruciate Ligament Reconstructive Surgery (Duration – 08 mins 28 sec.) <b>Author: Daniel Marchwiany, Steven Chudik, Cody Lee</b>	09:00 - 10:30	Medial Patellofemoral Ligament Reconstruction - Getting it Right (Duration – 14 mins 25 sec.) <b>Author: Matthew Burrus, Abdurrahman Kandil, Nabil Abazaid, Luis Goity, David Diduch</b>
10:30 - 12:00	Inside-Out Meniscal Repair – Surgical Technique (Duration 05 mins 42 sec.) <b>Author: Jorge Chahla, Chase Dean, Raphael Serra Cruz, Tyler Cram, Robert LaPrade</b>	10:30 - 12:00	Revision Total Knee Arthroplasty: Exposure and Component Removal (Duration – 22 mins 22 sec.) <b>Author: Alberto Carli, Mark Figgie, Lucian Warth, Douglas Padgett</b>
14:30- 16:30	Multimodal Pain Management with Periarticular Infiltration of Liposomal Bupivacaine in Total Knee Arthroplasty (Duration – 22 mins 29 sec.) <b>Author: Michael Mont, John Barrington, Jeffrey Cherian</b>	14:30 - 16:00	Inside-Out Meniscal Repair – Surgical Technique (Duration – 5 mins 42 sec.) <b>Author: Jorge Chahla, Chase Dean, Raphael Serra Cruz, Tyler Cram, Robert LaPrade</b>
16:30 - 18:00	Implant Removal in Revision Total Knee Arthroplasty (TKA): Tips and Tricks (Duration – 11 mins 45 sec.) <b>Author: Federica Rosso, Davide Bonasia, Umberto Cottino, Federico Dettoni, Matteo Bruzzone, Roberto Rossi</b>	16:00 - 18:00	AWARD WINNER! Surgical Treatment of Flexible Flatfoot in Children: Subtalar Arthroereisis and Combined Surgical Procedures (Duration – 23 mins 59 sec.) <b>Author: Cesare Faldini, Francesco Traina, Matteo Nanni, Daniele Fabbri, Raffaele Borghi, Fabrizio Perna, Ilaria Sanzarello, Federico Pilla, Sandro Giannini</b>

## SATURDAY 23 APRIL, 2016

Hall A	Hall B
<b>08:15 - 10:00 Session XIII: Knee reconstruction: Part 1</b> <b>Moderator: Dr. Hesham AL-Khateeb, Dr. Eltayeb Nasser</b> 08:15 - 08:30 Visco-supplementation in Knee Arthritis <b>Dr. Massimo Toffolo</b> 08:30 - 08:45 Immediate Weightbearing with HTO <b>Dr. Tarek Abuzakuk</b> 08:45 - 09:00 Distal Femoral Osteotomy: Tips for Success and Proper Indications. <b>Dr. Chris Whately</b> 09:00 - 09:15 Complications with High Tibial Osteotomy: Common Mistakes and How I Salvage Them <b>Dr. Usama Saleh</b> 09:15 - 09:30 Medial Unicompartment Knee Arthroplasty <b>Dr. Yaaqoub Al Hammadi</b> 09:30 - 10:00 Panel Interactive Cases, HTO Versus Unicompartmental knee arthroplasty	<b>08:15 - 10:00 Session XIV: Pediatric - Part 1</b> <b>Moderator: Dr. Marc Sinclair, Dr. Gamal Hosny</b> 08:15 - 08:30 Modified glenoid anteversion osteotomy and tendon transfer in brachial plexus birth palsy: Surgical technique. <b>Dr. Mohamed Kenawey</b> 08:30 - 08:45 Clinical approach to Flat foot <b>Dr. Michael Vohrer</b> 08:45 - 09:00 Congenital Pseudarthrosis of the tibia <b>Dr. Gamal Hosny</b> 09:00 - 09:15 Supracondylar fractures in children <b>Dr. Milan Handl</b> 09:15 - 09:30 Clinical decision making in Genu varum <b>Dr. Marc Sinclair</b> 09:30 - 09:45 Camptodactyly management strategies <b>Dr. Christiana Savvidou</b> 09:45 - 10:00 Panel Interactive Cases

10:00 - 10:30

COFFEE BREAK

<b>10:30 - 12:30 Session XV: Knee Reconstruction: Part 2 Difficult Primary</b> <b>Moderator: Dr. Ibrahim Gado, Dr. Yaaqoub Al Hammadi</b> 10:30 - 10:45 Approaches In TKA, Current concept <b>Dr. Mojob Manzary</b> 10:45 - 11:00 Management of Extra-Articular deformity in TKA <b>Dr. Hesham Al Khateeb</b> 11:00 - 11:15 TKA in sever Varus deformity <b>Dr. Mojob Manzary</b> 11:15 - 11:30 TKA in sever Valgus deformity <b>Dr. Usama Saleh</b> 11:30 - 11:45 TKA in sever Flexion deformity <b>Dr. Ibrahim Gado</b> 11:45 - 12:00 Navigation in Total knee replacement <b>Dr. Bilal Elyafawi</b> 12:00 - 12:30 Panel Interactive Cases	<b>10:30 - 12:30 Session XVI: Pediatric - Part 2</b> <b>Moderator: Dr. Zaid Al Aubaidi, Dr. Philipp Berdel</b> 10:30 - 10:45 Managing Knee Flexion Deformity <b>Dr. Gamal Hosny</b> 10:45 - 11:00 Treatment of cystic lesions <b>Dr. Philipp Berdel</b> 11:00 - 11:15 Clubfoot relapses in Arthrogyposis <b>Dr. Simone Battibugli</b> 11:15 - 11:30 Early Onset Scoliosis <b>Dr. Zaid Al Aubaidi</b> 11:30 - 11:45 Management of osteochondritis dissecans <b>Dr. Milan Handl</b> 11:45 - 12:00 Hip salvage procedures <b>Dr. Anand Gorva</b> 12:00 - 12:15 Modalities of DDH treatment in young walking age <b>Dr. Matthias Manig</b>
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12:30 - 14:30

SYMPOSIA & LUNCH BY PFIZER  
NEW UPDATES ON PAIN  
DR. YAAKOUB AL HAMMADI

<b>14:30 - 16:30 Session XVII: Knee reconstructions: Part 3</b> <b>Moderator: Dr. Usama Saleh, Dr. Chris Whately</b> 14:30 - 14:45 The Stiff Total Knee Arthroplasty: Management and Pearls <b>Dr. Mojob Manzary</b> 14:45 - 15:00 Unstable TKA causes and management <b>Dr. Tarek Abuzakuk</b> 15:00 - 15:15 Painful TKA <b>Dr. Eltayeb Nasser</b> 15:15 - 15:30 Update: Treating the Infected Total Knee - New Thoughts <b>Dr. Chris Whately</b> 15:30 - 15:45 Peri-Prothetic fracture following TKA <b>Dr. Abdullah Al Turki</b> 15:45 - 16:00 Multimodal Pain Management in TKA <b>Dr. Saeed Al Thani</b> 16:00 - 16:30 Panel Discussion, what would you do in this situation?	<b>14:30 - 16:10 Session XVIII: General Orthopaedic</b> <b>Moderator: Dr. Mohammad Gaballa, Dr. Ahmed Al Jahwari</b> 14:30 - 14:50 Recent update in osteoporosis management <b>Dr. Mohammad Gaballa</b> 14:50 - 15:10 Anabolism versus antiresorption (ava study) <b>Dr. Hossameldin Othman</b> 15:10 - 15:30 Hip replacement in osteoporotic patient <b>Dr. Afshin Taheriazam</b> 15:30 - 15:50 Low back Pain <b>Dr. Ahmed Al Jahwari</b> 15:50 - 16:10 Spinal fragility fracture <b>Dr. Zbiggy Brodzinsky</b>
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**Hall C** AAOS' ORTHOPAEDIC VIDEO THEATER

- 09:00 - 1:00 Posterior Stabilized Total Knee Arthroplasty: Surgical Technique  
(Duration – 19 mins 50 sec.)  
**Author:** Cesare Faldini, Francesco Traina, Raffaele Borghi, Mohammadreza Chehrassan, Daniele Fabbri, Federico Pilla, Niccolo Stefanini, Alice Bondi, Salvatore Calderone
- 11:00 - 13:00 The Direct Superior Approach A Less Invasive Surgical Technique for Total Hip Arthroplasty (Duration – 14 mins 35 sec.)  
**Author:** Douglas J. Roger, Anthony Hedley
- 14:30 - 16:00 Arthroscopic Decompression of Baker's Cyst: Surgical Technique  
(Duration – 07 mins 45 sec.)  
**Author:** Amite Pankaj, Deepak Chahar

**Hall D** AAOS' ORTHOPAEDIC VIDEO THEATER

- 09:00 - 10:30 Approaches to the Hip: Minimally Invasive Postero Lateral Total Hip Arthroplasty  
(Duration – 23 mins 59 sec.)  
**Author:** Cesare Faldini, Francesco Traina, Mohammadreza Chehrassan, Raffaele Borghi, Daniele Fabbri, Matteo Nanni, Federico Pilla, Marco Pedrini, Sandro Giannini
- 10:30 - 12:00 Chevron Shaft Osteotomy for Hallux Valgus (Duration – 05 mins 33 sec.)  
**Author:** Jose A. Sanhudo
- 14:30 - 16:00 All-Epiphyseal Physeal-Sparing Anterior Cruciate Ligament Reconstructive Surgery (Duration – 08 mins 28 sec.)  
**Author:** Daniel Marchwiany, Steven Chudik, Cody Lee

16:30 - 17:00

*Closing Ceremony*