SPORT MEDICINE – KNEE

APRIL 21ST, 2016
Hall A – 1st Session (Part 1)

Moderator: Dr. Philippe Neyret, Dr. James Hui

08:30 - 08:50 Anterior knee pain and patellar instability
Dr. Philippe Neyret

08:50 - 09:10 First time patellar dislocation: which ones need surgery, why and how?
Dr. Pascal Christel

09:10 - 09:30 Simplifying the patellofemoral biomechanics and its clinical application
Dr. Deepak Goyal

09:30 - 09:50 Patellar instability: my way to treat it!
Dr. Philippe Neyret

09:50 - 10:00 Question and Answer

APRIL 21ST, 2016
Hall A – 2nd Session (Part 2)

Moderator: Dr. Yaaqoub Al Hammadi, Dr. James Stannard

10:30 - 10:45 Trochlear Dysplasia: it plays a role in patellofemoral instability tips and tricks for a successful trochlear osteoplasty in skeletally immature patient
Dr. James Hui

10:45 - 11:00 Trochleoplasty in Adult:
Dr. Deepak Goyal

11:00 - 11:45 Panel Discussion: technique of anatomical MPFL reconstruction:
• The Superficial Quad Technique for MPFL reconstruction
Dr. Deepak Goyal
• Novel technique of anatomical MPFL reconstruction
Dr. Robert Smigielski
• Femoral tunnel placement in MPFL reconstruction radiographic landmarks vs anatomic landmarks
Dr. Karl Almkvist

11:45 - 12:00 New approach to ACL anatomy (comparison study of anatomy, MR, CT and histology)
Dr. Robert Smigielski

12:00 - 12:15 Mechanisms and Prevention of ACL Injury
Dr. Abdul Hameed Al Attar

12:15 - 12:30 Revision ACL reconstruction: Keys to Success
Dr. Philippe Neyret

APRIL 21ST, 2016
Hall A – 3rd Session (Part 3)

Moderator: Dr. Nader Darwich, Dr. Phillipe Landreau

14:15 - 14:30 Anatomical ribbon likes ACL reconstruction
Dr. Robert Smigielski

14:30 - 14:45 Breakthroughs in ACL Healing: Biological and Mechanical Augmentation
Dr. Roman Cugat

14:45 - 15:00 Patellar ACL reconstruction: My way is the best
Dr. Saeed Al Thani

15:00 - 15:15 Controversies in ACL Management
Dr. Nader Darwich

15:15 - 15:30 Lateral Extra-articular Tenodesis: Is it safe and efficient to do it?
Dr. Phillipe Landreau

15:30 - 15:45 Complications to Avoid with ACL Surgery
Dr. Pascal Christel

15:45 - 16:00 Anatomical PCL reconstruction Update
Dr. James Stannard
APRIL 21ST, 2016

Hall A - 5th Session (Part 4)

Moderator: Dr. Saeed Al Thani, Dr. Pascal Christel

16:30 - 16:45 Arthroscopic meniscus root repair
Dr. Robert Smigielski

16:45 - 17:00 Young Patient with Old Knee
Dr. Christopher Butcher

17:00 - 17:15 The posterolateral corner of the knee: diagnosis and treatment
Dr. James Stannard

17:15 - 17:30 ACL reconstruction in skeletally immature patient
Dr. Nader Darwich

17:30 - 17:45 The medial side of the knee: Posteromedial Corner tear is not the same as MCL tear
Dr. James Stannard

17:45 - 18:00 Interactive case discussion

PAIN SYMPOSIUM & ORAL PRESENTATIONS

APRIL 21ST, 2016

Hall B - 4th Session (Part 1)

Moderator: Dr. Usama Saleh, Dr. Mohammed Gaballa

14:30 - 15:00 Which protocol for which patient?
Postoperative Pain management in the orthopaedic surgery field
Dr. Ammar Alsalti

15:00 - 15:10 Question and Answer

15:10 - 15:20 Septic arthritis following acl reconstruction: case series
Dr. Mohammad Konchwalla

15:20 - 15:30 Tranexamic Acid in Total Joint Arthroplasty:
Reduces Blood Loss, and is also Cost Effective
Dr. Morgan Prince

15:30 - 15:40 “State of art” newest MISS for Osteoporotic VCF
Dr. Zbiggy Brodzinsky

15:40 - 15:50 Clinical & biomechanical determinants of outcome comparing a novel conforming patella,
the genesis ii button and unresurfaced patellae in total knee arthroplasty – a randomised controlled trial.
Dr. Morgan Prince

15:50 - 16:00 History & Evolution of Posterior approach to Hip joint
Dr. Ritesh Rathi

APRIL 21ST, 2016

Hall B - 4th Session (Part 2)

Moderator: Dr. Usama Saleh, Dr. Mohammed Gaballa

16:30 - 16:40 Failure to restore calcaneal length; a suspect for chronic heel pain after complex calcaneal fractures
Dr. Hossam Diab

16:40 - 16:50 Super capsular Percutaneously Assisted Total Hip Replacement
Dr. Ritesh Rathi

16:50 - 17:00 Difficulties encountered during internal fixation of unstable paediatric pelvic injuries
Dr. Mohamed Kenawey

17:00 - 17:10 Arthroscopic reconstruction of the labral lesion of the hip with allo genic fascia lata or rectus autograft
Dr. Mazek Jacek

17:10 - 17:20 The use of Röttinger minimal invasive approach together with a dual
Dr. Olivier Bringer
FOOT & ANKLE

APRIL 22nd, 2016
Hall A – 6th Session (Part 1)

Moderator: Dr. Salim Alnuaimi, Dr. Hussam Darwish

08:00 - 08:15  Hallux Valgus management  Dr. Mohsen Movahedi
08:15 - 08:30  Planter Fasciitis.  Dr. Nassef M Nassef
08:30 - 08:45  Treatments for Failed Forefoot Reconstructive procedures: Now what?  Dr. Johnny Lau
08:45 - 09:00  Heel pain and insertional tendinitis Achilles tendon  Dr. Husam Darwish
09:00 - 09:15  Triple Tendon Transfer for Common Peroneal Nerve Palsy  Dr. Mohsen Movahedi
09:15 - 09:30  Peroneal tendon Pathology  Dr. Hussam Darwish
09:30 - 09:45  Achilles Tendon Ruptures: Surgical vs. Non-Surgical treatment and optimizing strength  Dr. Johnny Lau
09:45 - 10:00  Interactive case discussion

APRIL 22nd, 2016
Hall A – 7th Session (Part 2)

Moderator: Dr. Nassef M Nassef, Dr. Johnny Lau

10:30 - 10:45  Soft tissue impingement of the ankle  Dr. Massimo Toffolo
10:45 - 11:00  Rational Approaches for the Acute and Chronic Ankle Syndesmotic Injuries  Dr. Johnny Lau
11:00 - 11:15  Ankle instability, current treatment.  Dr. Salim Alnuaimi
11:15 - 11:30  OCD of the Talus  Dr. Nassef M Nassef
11:30 - 11:45  OCD of the Tibial Plafond  Dr. Hussam Darwish
11:45 - 12:00  Approach to the Painful Ankle Fusion  Dr. Johnny Lau

LOWER EXTREMITY TRAUMA

APRIL 22nd, 2016
Hall B – 8th Session (Part 1)

Moderator: Dr. Sherif Khaled, Dr. Hayder Al Sadei

10:30 - 10:50  The Dislocated Knee: It Doesn’t Need to Be Transferred - 5 Keys to Success with Timing and Treatment  Dr. James Stannard
10:50 - 11:10  Evaluation of Tibial plateau fracture, Understanding the fracture and setting the treatment plan  Dr. Sherif Khaled
11:10 - 11:30  Approaches to proximal tibia  Dr. James Stannard
11:30 - 12:00  Case Discussions

APRIL 22nd, 2016
Hall B – 10th Session (Part 2)

Moderator: Dr. Hesham AL-Khateeb, Dr. Usama Saleh

14:30 - 14:45  Understanding the fracture and planning the treatment plan including Anatomy and surgical approaches  Dr. Sherif Khaled
CARITLAGE AND ORTHOBIOLOGICS

APRIL 22ND, 2016
Hall A – 9th Session (Part 1)

Moderator: Dr. Karl Almqvist, Dr. Deepak Goyal, Dr. Khaled Alhammadi

14:30 - 14:45  Role of Biology (PRGF) in fracture nonunion  Dr. Ramon Cugat
14:45 - 15:00  Fat therapy for LBP/DDD  Dr. Zbiggy Brodzinsky
15:00 - 15:15  Chondrofacilitation and Chondroprotection: Adjuvant Management in the Athlete  Dr. Ramon Cugat
15:15 - 15:30  Aspetar experience with knee biologic treatment  Dr. Philippe Landreau
15:30 - 15:45  Stem Cell, PRP other Biologic treatment, current evidence  Dr. Karl Almqvist
15:45 - 16:00  Interactive Cases Discussions

APRIL 22ND, 2016
Hall A – 11th Session (Part 2)

Moderator: Prof. Ramon Cugat, Dr. Khaled Alhammadi

16:30 - 16:45  Evidence Based Medicine for Biologics in Sports Foot/Ankle Injuries  Dr. Johnny Lau
16:45 - 17:00  Biologic replacement of the knee: a new approach for active patients with full thickness cartilage loss  Dr. James Stannard
17:00 - 17:15  Cartilage defects of the Patella in Adolescents  Dr. James Hui
17:15 - 17:30  Missouri Osteochondral Preservation System - the importance of live chondrocytes with transplants  Dr. James Stannard
17:30 - 17:45  Autologous Chondrocytes Implantation In The Cartilage Repair  Dr. Milan Handl
17:45 - 18:00  Q & A All Faculty

HIP FRACTURES AND REPLACEMENT

APRIL 22ND, 2016
Hall B – 12th Session

Moderator: Dr. Abdullah Al Turki, Dr. Afshin Taheriazam

16:30 - 16:45  Pertrochanteric fracture management; evidence-based approach  Dr. Sherif Khaled
16:45 - 17:00  Femoral neck fracture and osteoporotic hip fractures  Dr. Usama Saleh
17:00 - 17:15  Dual mobility cups for recurrent THA dislocation  Dr. Afshin Taheriazam
17:15 - 17:30  Hip replacement Following Acetabular fracture  Dr. Abdullah Al Turki
17:30 - 18:00  Bilateral THA: ONE-STAGE VERSUS TWO-STAGE PROCEDURE  Dr. Afshin Taheriazam
KNEE RECONSTRUCTION

APRIL 23RD, 2016
Hall A – 13th Session (Part 1)

Moderator: Dr. Hesham AL-Khateeb, Dr. Eltayeb Nasser

08:15 - 08:30 Visco-supplementation in Knee Arthritis
Dr. Massimo Toffolo
08:30 - 08:45 Immediate Weightbearing with HTO
Dr. Tarek Abuzakuk
08:45 - 09:00 Distal Femoral Osteotomy: Ips for Success and Proper Indications
Dr. Chris Whately
09:00 - 09:15 Complications with High Tibial Osteotomy: Common Mistakes and How I Salvage Them
Dr. Usama Saleh
09:15 - 09:30 Medial Unicompartment Knee Arthroplasty
Dr. Yaaqoub Al Hammadi
09:30 - 10:00 Panel Interactive Cases, HTO Versus Unicompartmental knee arthroplasty

APRIL 23RD, 2016
Hall A – 15th Session (Part 2)

Moderator: Dr. Ibrahim Gado, Dr. Yaaqoub Al Hammadi

10:30 - 10:45 Approaches In TKA, Current concept
Dr. Mojeb Manzary
10:45 - 11:00 Management of Extra-Articular deformity in TKA
Dr. Hesham Al Khateeb
11:00 - 11:15 TKA in sever Varus deformity
Dr. Mojeb Manzary
11:15 - 11:30 TKA in sever Valgus deformity
Dr. Usama Saleh
11:30 - 11:45 TKA in sever Flexion deformity
Dr. Ibrahim Gado
11:45 - 12:00 Navigation in Total knee replacement
Dr. Bilal Elyafawi
12:00 - 12:30 Panel Interactive Cases

APRIL 23RD, 2016
Hall A – 17th Session (Part 3)

Moderator: Dr. Usama Saleh, Dr. Chris Whately

14:30- 14:45 The Stiff Total Knee Arthroplasty: Management and Pearls
Dr. Mojeb Manzary
14:45- 15:00 Unstable TKA causes and management
Dr. Tarek Abuzakuk
15:00- 15:15 Painful TKA
Dr. Eltayeb Nasser
15:15- 15:30 Update: Treating the Infected Total Knee - New Thoughts
Dr. Chris Whately
15:30- 15:45 Peri-Prothetic fracture following TKA
Dr. Abdullah Al Turki
15:45 - 16:00 Multimodal Pain Management in TKA
Dr. Saeed Al Thani
16:00- 16:30 Panel Discussion, what would you do in this situation?

PEDIATRIC

APRIL 23RD, 2016
Hall B – 14th Session (Part 1)

Moderator: Dr. Marc Sinclair, Dr. Gamal Hosny

08:15 - 08:30 Modified glenoid anteversion osteotomy and tendon transfer in brachial plexus birth palsy: Surgical technique.
Dr. Mohamed Kenawey
### PROGRAM BY SPECIALTY

#### 4th Emirates International Orthopaedic Congress

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<th>Time</th>
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<td>08:30 - 08:45</td>
<td>Clinical approach to Flat foot</td>
<td>Dr. Michael Vohrer</td>
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<td>08:45 - 09:00</td>
<td>Congenital Pseudarthrosis of the tibia</td>
<td>Dr. Gamal Hosny</td>
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<td>09:00 - 09:15</td>
<td>Supracondylar fractures in children</td>
<td>Dr. Milan Handl</td>
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<td>09:15 - 09:30</td>
<td>Clinical decision making in Genu varum</td>
<td>Dr. Marc Sinclair</td>
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<td>09:30 - 09:45</td>
<td>Camptodactyly management strategies</td>
<td>Dr. Christiana Savvidou</td>
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<td>09:45 - 10:00</td>
<td>Panel Interactive Cases</td>
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**APRIL 23RD, 2016**

#### Hall B – 16th Session (Part 2)

**Moderator:** Dr. Zaid Al Aubaidi, Dr. Philipp Berdel

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<tr>
<td>10:30 - 10:45</td>
<td>Managing Knee Flexion Deformity</td>
<td>Dr. Gamal Hosny</td>
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<td>10:45 - 11:00</td>
<td>Treatment of cystic lesions</td>
<td>Dr. Philipp Berdel</td>
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<td>11:00 - 11:15</td>
<td>Clubfoot relapses in Arthrogryposis</td>
<td>Dr. Simone Battibugli</td>
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<td>11:15 - 11:30</td>
<td>Early Onset Scoliosis</td>
<td>Dr. Zaid Al Aubaidi</td>
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<td>11:30 - 11:45</td>
<td>Management of osteochondritis dissecans</td>
<td>Dr. Milan Handl</td>
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<td>11:45 - 12:00</td>
<td>Hip salvage procedures</td>
<td>Dr. Anand Gorva</td>
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<td>12:00 - 12:15</td>
<td>Modalities of DDH treatment in young walking age</td>
<td>Dr. Matthias Manig</td>
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#### GENERAL ORTHOPAEDIC

**APRIL 23RD, 2016**

#### Hall B – 18th Session

**Moderator:** Dr. Mohammad Gaballa, Dr. Ahmed Al Jahwari

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<td>14:30 - 14:50</td>
<td>Recent update in osteoporosis management</td>
<td>Dr. Mohammad Gaballa</td>
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<td>14:50 - 15:10</td>
<td>Anabolism versus antiresorption (ava study)</td>
<td>Dr. Hossameldin Othman</td>
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<td>15:10 - 15:30</td>
<td>Hip replacement in osteoporotic patient</td>
<td>Dr. Afshin Taheriazam</td>
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<td>15:30 - 15:50</td>
<td>Low back Pain</td>
<td>Dr. Ahmed Al Jahwari</td>
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<td>15:50 - 16:10</td>
<td>Spinal fragility fracture</td>
<td>Dr. Zbiggy Brodzinsky</td>
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### 3rd EMEL Conference

**3rd EMEL CONERENCE**

**ON ENDOMETRIOSIS AND UTERINE DISORDERS**

**9 & 10 March 2017**

**Mohammed Bin Rashid – Academic Medical Center in DHCC, Dubai, UAE**

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