

# PROGRAM AT A GLANCE

## Day 1, APR 30<sup>th</sup>, 2015

08:00 - 10:00	<b>SESSION I PLENARY</b> Sport Medicine – Knee Interior Cruciate Ligament Injuries <i>Opening Ceremony &amp; Inauguration of Exhibition at 9 a.m.</i>		
10:30 - 11:00	COFFEE BREAK		
11:00 - 12:30	<b>SESSION II PLENARY</b> Sport Medicine – Knee Meniscal Injuries		<b>Al Amwaj Meeting Room</b> 11:00 - 13:00 Al Hayat Pharmaceuticals
12:30 - 14:30	INDUSTRY LUNCH SYMPOSIUM BY AMICO		
14:30 - 16:00	<b>HALL A SESSION III</b> Sport Medicine – Knee Painful Knee and Revision ACL Surgery	<b>HALL B SESSION IV</b> Foot and Ankle Ankle Ligaments Injury	<b>Al Amwaj Meeting Room</b> 14:30 - 16:00 AMICO
16:00 – 16:30	COFFEE BREAK		
16:30 -18:00	<b>HALL A SESSION V</b> Sport Medicine – Knee Complex Ligamentous Knee Injury	<b>HALL B SESSION VI</b> Foot and Ankle Ankle Osteoarthritis	

## Day 2, May 1<sup>st</sup>, 2015

08:00 - 10:00	<b>SESSION VII PLENARY</b> Knee Arthroplasty Primary Knee Arthroplasty – Part 1		
10:00 - 10:30	COFFEE BREAK		
10:30 - 12:00	<b>SESSION VIII PLENARY</b> Knee Arthroplasty Primary Knee Arthroplasty – Part 2		<b>Al Amwaj Meeting Room 10:30 - 11:30 Eli Lilly</b>
12:00 - 14:00	INDUSTRY LUNCH SYMPOSIUM BY SMITH & NEPHEW		

14:00-16:00 **HALL A SESSION IX**  
Knee Arthroplasty  
Revision Knee replacement – Part 1

**HALL B SESSION X**  
Spinal Program  
Principles Of Spine Care &  
Case Discussions

Al Amwaj Meeting Room  
14:30 - 16:00  
Mundipharma

16:00 – 16:30 COFFEE BREAK

16:30 -18:00 **HALL A SESSION XI**  
Knee Arthroplasty  
Revision Knee replacement – Part 2

**HALL B SESSION XII**  
Spinal Program  
Debates in Spine Surgery

## Day 3, May 2<sup>nd</sup>, 2015

08:00 - 10:00 **HALL A SESSION XIII**  
Hip Arthroplasty  
Primary Hip replacement

**HALL B SESSION XIV**  
Spinal Program  
Spinal Deformity Management

Al Amwaj Meeting Room  
09:00 - 11:00  
AMICO

10:00 - 10:30 COFFEE BREAK

10:30 - 12:00 **HALL A SESSION XV**  
Hip Arthroplasty  
Difficult Hip Arthroplasty

**HALL B SESSION XVI**  
Spinal Program  
Spine Miscellaneous Topics

Al Amwaj Meeting Room  
11:30 - 13:00  
Healthpoint-Abu Dhabi  
Knee & Sports Medicine  
Centre

12:00 - 14:00 INDUSTRY LUNCH SYMPOSIUM BY ZIMMER

14:00-16:00 **SESSION XVII PLENARY**  
Shoulder Pathology and Management

**Closing remarks by Dr. Saeed Al Thani**

# SCIENTIFIC PROGRAM

## Day 1, APR 30<sup>th</sup>, 2015

08:00-10:30 **Session I Plenary and Opening**  
*Sport Medicine – Knee* Interior Cruciate Ligament Injuries

Moderators: **Dr Nader Darwich, Dr Yaaqoub Al Hammadi**

08:00 - 08:10	Non Operative management of ACL	<b>Dr Mohammad-Ashfaq Konchwalla</b>
08:10 - 08:20	ACL Injury: Early or late reconstruction, what is the controversy ?	<b>Dr Harris Zourelidis</b>
08:20 - 08:35	Avoiding/Managing Intraoperative Complications with primary ACL Surgery	<b>Dr Nader Darwich</b>
08:35 - 08:45	Anatomic Single Bundle ACL reconstruction Technique	<b>Dr Joao Espregueira-Mendes</b>
08:45 - 08:55	Anatomic Double Bundle ACL reconstruction Technique	<b>Dr Pascal Christel</b>
08:55 - 09:00	Discussion	
<b>09:00 - 09:30</b>	<b>Opening Ceremony</b>	
09:30 - 09:45	Debate "Anatomical ACL single bundle vs Double bundle"	<b>Dr Joao Espregueira-Mendes</b>
		<b>Dr Pascal Christel</b>
09:45 - 10:00	Anatomical ACLR with residual pivot shift. What to do?	<b>Dr Philippe Neyret</b>
10:00 - 10:15	Take the tibial slope into consideration in osteotomies with instabilities	<b>Dr Karl Almqvist</b>
10:15 - 10:25	What's New in ACL Rehabilitation	<b>Dr Abdul Hameed Al Attar</b>
10:25 - 10:30	Questions	

10:30 - 11:00 COFFEE BREAK

11:00 - 12:30 **Session II plenary**  
*Sport Medicine – Knee* Meniscal Injuries

Moderators: **Dr Usama Saleh, Dr Charles Brown**

11:00 - 11:15	Anterior knee pain in adults	<b>Dr Usama Saleh</b>
11:15 - 11:30	Meniscal lesions: Etiology & Diagnosis	<b>Dr Christopher Butcher</b>
11:30 - 11:45	Save the meniscus, but: Why?	<b>Dr Philippe Neyret</b>
11:45 - 12:00	Techniques in Meniscal repair	<b>Dr Charles Brown</b>
12:00 - 12:15	Meniscal root and radial tear	<b>Dr Mohammad Razi</b>
12:15 - 12:30	Questions	

12:30 - 14:30 INDUSTRY LUNCH SYMPOSIUM BY AMICO: CEMENTING TECHNIQUE IN JOINT REPLACEMENT

### HALL A

14:30 - 16:00 **Session III**  
*Sport Medicine – Knee* Painful Knee and Revision ACL Surgery

Moderators: **Dr William Murrell, Dr Karl Almqvist**

14:30 - 14:45	Alternative strategy in managing the patient with a degenerative, painful knee	<b>Dr William Murrell</b>
14:45 - 15:00	Microfracture vs Mosaicplasty , is it worth it? What the literature says?	<b>Dr Joao Espregueira-Mendes</b>
15:00 - 15:15	Techniques to restore the joint surface when chondral pathologies/ defects are present	<b>Dr Karl Almqvist</b>
15:15 - 15:30	Revision ACL surgery consideration and minimizing complication	<b>Dr Joao Espregueira-Mendes</b>
15:30 - 16:00	Panel Case discussion & Questions	

## HALL B

14:30 - 16:00	<b>Session IV</b> <i>Foot and Ankle</i> Ankle Ligaments Injury	
	Moderators: <b>Dr Salim Al Nuaimi, Dr Leslie Cannon</b>	

14:30 - 14:45	Syndesmosis Injury	<b>Dr Ali Al Amoudi</b>
14:45 - 15:00	Ankle instability	<b>Dr Omar Batouk</b>
15:00 - 15:15	Achilles tendinitis and haglund's deformity	<b>Dr Husam Darwish</b>
15:15 - 15:30	Posterior ankle arthroscopy	<b>Dr Leslie Cannon</b>
15:30 - 16:00	Group Discussion - Ankle injury	<b>All Faculty</b>

16:00 - 16:30 COFFEE BREAK

## HALL A

16:30 - 18:00	<b>Session V</b> <i>Sport Medicine – Knee</i> Complex Ligamentous Knee Injury	
	Moderators: <b>Dr William Murrell, Dr Karl Almqvist</b>	

16:30 - 16:50	Dislocated Knee Management: An Algorithm - How To Get Success!	<b>Dr Philippe Neyret</b>
16:50 - 17:05	PCL Reconstruction - What's the Best Way?	<b>Dr Fabrizio Margheritini</b>
17:05 - 17:20	Anatomic MCL Reconstruction	<b>Dr Charles Brown</b>
17:20 - 17:35	Arthroscopic management of posterolateral corner injuries of the knee	<b>Dr Mohammad Razi</b>
17:35 - 18:00	Case presentations & questions	

## HALL B

16:30 - 17:30	<b>Session VI</b> <i>Foot and Ankle</i> Ankle Osteoarthritis	
	Moderators: <b>Dr Salim Al Nuaimi, Dr Leslie Cannon</b>	

16:30 - 16:45	Ankle OA/Fusion	<b>Dr Maan Tabaa</b>
16:45 - 17:00	Ankle OA/ Replacement	<b>Dr Johnny Lau</b>
17:00 - 17:30	Group Discussion Ankle OA	<b>Dr Johnny Lau / Dr Maan Tabaa</b>



# SCIENTIFIC PROGRAM

## Day 2, May 1<sup>st</sup>, 2015

08:00-10:00	<b>Session VII plenary</b> <i>Knee Arthroplasty</i> Primary Knee Arthroplasty – Part 1	
	Moderators: <b>Dr Yaaqoub Al Hammadi, Dr Mojieb Manzary</b>	
08:00 - 08:15	Knee Osteoarthritis: Use of investigations and non-operative management in the Australian primary care setting	<b>Dr Michael McAuliffe</b>
08:15 - 08:30	HTO vs. Unicdylar replacement, indications, patient selection, techniques	<b>Dr Mojieb Manzary</b>
08:30 - 08:45	Lateral Unicdylar Knee Replacement: is it worth it?	<b>Dr Yaaqoub Al Hammadi</b>
08:45 - 09:00	Knee pain during the first 3 months after unilateral total knee arthroplasty A multi-Centre prospective observational cohort study -	<b>Dr Michael McAuliffe</b>
09:00 - 09:15	Primary knee replacement in Varus knee, steps, alignment, soft tissue balance	<b>Dr Tarek Abuzakuk</b>
09:15 - 09:30	Primary knee replacement in Valgus knee, steps, alignment, soft tissue balance	<b>Dr Wael Osman</b>
09:30 - 09:45	Resurfacing the Patella in 2015, what are the evidence?	<b>Dr Ali Al Belooshi</b>
09:45 - 10:00	Patient expectations and satisfaction in TKA	<b>Dr Michael McAuliffe</b>

10:00 - 10:30 COFFEE BREAK

10:30 - 12:00	<b>Session VIII plenary</b> <i>Knee Arthroplasty</i> Primary Knee Arthroplasty – Part 2	
	Moderators: <b>Dr Sultan Al Maskari, Dr Ali Al Belooshi</b>	
10:30 - 10:45	The ANZ Experience with a Kinematic TKA	<b>Dr Michael McAuliffe</b>
10:45 - 11:00	Game Changers in Total Knee Arthroplasty: Tranexamic Acid and Other New Modalities	<b>Dr Sultan Al Maskari</b>
11:00 - 11:15	Pain management in TKR, my ideal choice	<b>Dr Tarig Hassan</b>
11:15 - 12:00	Panel discussion – Cases Discussion	

Moderator: **Dr Michael McAuliffe**

Panelist Speakers: **Dr Sultan Al Maskari, Dr Ali Al Belooshi, Dr Tarek Abuzakuk, Dr Mojieb Manzary**

12:00 - 14:00 INDUSTRY LUNCH SYMPOSIUM BY SMITH & NEPHEW: JOURNEY II BCS LAUNCH SYMPOSIUM  
**Dr Michael McAuliffe**

## HALL A

### 14:00 - 16:00 **Session IX**

*Knee Arthroplasty* Revision Knee replacement – Part 1

Moderators: **Dr Usama Saleh, Dr Assem Tantawy**

- 14:30 - 14:45 Preoperative Planning and principles of Revision TKA
- 14:45 - 15:00 Revision TKA in KSA, lessons learned, challenges to face
- 15:00 - 15:15 Revision TKA - Why is TKA failing in 2015:  
Can the Australian National Joint Registry help refine our practice?
- 15:15 - 15:30 Management of Bone deficiency in TKA, stepwise Approach
- 15:30 - 15:45 The Role of Hinges in Revision TKA: When to Use Them?
- 15:30 - 16:00 Infected knee replacement. How to manage?

**Dr Philip Chapman-Sheath**  
**Dr Mojieb Manzary**  
**Dr Michael McAuliffe**

**Dr Wael Osman**  
**Dr Philip Chapman-Sheath**  
**Dr Tarig Hassan**

## HALL B

### 14:00 - 16:00 **Session X**

*Spinal Program* Principles Of Spine Care & Case Discussions

Moderators: **Dr Ahmed Al Jahwari, Dr Benny Dahl**

- 14:30 - 14:40 Thoracolumbar burst fracture with no neurology: surgery versus conservative
- 14:40 - 14:55 Spinal Instrumentation: Basic Concepts and Biomechanics
- 14:55 - 15:10 Cervical myelopathy: When to operate?
- 15:10 - 15:20 Controversies in the Surgical Management of Spinal Cord Injuries
- 15:20 - 15:30 Discussion & Questions

**Dr Krishnankutty Menon**  
**Dr Stephen Lewis**  
**Dr Firas Al Husban**  
**Dr Ahmed Al Jahwari**  
**All Faculty**

#### *Case Discussions*

Moderators: **Dr Krishnankutty Menon, Dr Stephen Lewis**

- 15:30 - 15:40 Case 1 Cervical Myelopathy
- 15:40 - 15:50 Case 2 Degenerative Spondylolisthesis; Decompress only or fuse ?
- 15:50 - 16:00 Case 3 Tumor

**Dr Firas Al Husban**  
**Dr Benny Dahl**  
**Dr Gemah Moammer**

16:00 - 16:30 COFFEE BREAK

## HALL A

### 16:30 - 18:00 **Session XI**

*Knee Arthroplasty* Revision Knee replacement – Part 2

Moderator: **Dr Usama Saleh, Dr Assem Tantawy**

- 16:30 - 16:45 Ruptured the Patella Tendon During TKR, Now What?  
How to Solve the Issue With Ethics!
- 16:45 - 17:00 Periprosthetic fractures around TKA

**Dr Saeed Al Thani**

**Dr Usama Saleh**

17:00 - 18:00 Panel Discussion – Difficult Cases

Moderator: **Dr Mojieb Manzary**

Panelist Speakers: **Dr Ali Al Belooshi, Dr Wael Osman, Dr Tarig Hassan,  
Dr Michael McAuliffe, Dr Philip Chapman-Sheath**

## HALL B

16:30 -18:00 **Session XII**

*Spinal Program* Debates in Spine Surgery

*Debates 1: Cervical Radiculopathy*

Moderator: **Dr Krishnankutty Menon**

16:30 - 16:40 Laminoforaminotomy is ideal and the least invasive

16:40 - 16:50 ACDF is the gold standard

16:50 - 17:00 Arthroplasty is the evidence based intervention

*Debates 2: Recurrent Lumbar Disc*

Moderator: **Dr Stephen Lewis**

17:00 - 17:10 Revision Discectomy?

17:10 - 17:20 Discectomy & Fusion?

17:20 - 17:30 Discussion

17:30 - 18:00 Panel Discussion – Cases Discussion

**Dr Gemah Moammer**

**Dr Stephen Lewis**

**Dr Zbiggy Brodzinsky**

**Dr Krishnankutty Menon**

**Dr Khaled Faraj**

**All Faculty**

**All Faculty**

## SYMPOSIUMS

### Day 2, May 1<sup>st</sup> / Al Amwaj Meeting Room

10:30 – 11:30 **Symposium:** Vertebral Fracture, A Missed Opportunity

Vertebral Fracture Assessment/DEXA Interpretation

Therapeutic Management for Severe Osteoporosis

By Eli Lilly

**Dr. Assem Tantawi**

**Dr. Ahmed El Serafi**

**Dr. Hossam Othman**

14:30 - 16:00 **Symposium:** Chronic Pain Management

By Mundipharma



# SCIENTIFIC PROGRAM

## Day 3, May 2<sup>nd</sup>, 2015

### HALL A

8:00 - 10:00

#### Session XIII

*Hip Arthroplasty* Primary Hip replacement

Moderator: **Dr Shine Ashokan**

- 08:00 - 08:15 Preoperative Planning and Templating
- 08:15 - 08:30 Pros and Cons of bearing option in THA- patient demand matching
- 08:30 - 08:45 Acetabular preparation and cup placement
- 08:45 - 09:00 Maximizing stability in THA, large head, dual mobility
- 09:00 - 09:15 How to manage difficult primary hip - Sickle Cell Disease
- 09:15 - 09:45 How to manage difficult primary hip - Developmental Dysplasia of the Hip
- 09:45 - 10:00 Guidelines for VTE Prophylaxis in Orthopaedics / Arthroplasty

**Dr Afshin Taheriazam**  
**Dr Mahmood Abdel Karim**  
**Dr Shine Ashokan**  
**Dr Ali Al Belooshi**  
**Dr Mojieb Manzary**  
**Dr Afshin Taheriazam**  
**Dr Mahmood Abdel Karim**

### HALL B

8:00 - 10:00

#### Session XIV

*Spinal Program* Spinal Deformity Management

Moderators: **Dr Krishnankutty-Venugopal Menon, Dr Firas Al Husban**

- 08:00 - 08:15 Adolescent Idiopathic Scoliosis: classification and decision making
- 08:15 - 08:40 Surgical treatment of pediatric deformities - from magnetic rods to posterior fusion
- 08:40 - 08:55 VCR, PSO, and Osteotomies for Severe Scoliosis: When and Which Procedures?
- 08:55 - 09:05 Case Presentations: Pediatric deformity: selection of fusion levels
- 09:05 - 09:15 Osteotomy Technique: step by step- Video Demonstration
- 09:15 - 09:20 Discussion & Questions
- 09:20 - 09:35 Management of Degenerative Adult Scoliosis: when to operate and when to fuse
- 09:35 - 09:45 Case Presentation: De Novo Scoliosis
- 09:45 - 10:00 High Grade Spondylolisthesis- Case & Video Demonstration

**Dr Stephen Lewis**  
**Dr Benny Dahl**  
  
**Dr Benny Dahl**  
**Dr Krishnankutty Menon**  
**Dr Stephen Lewis**  
  
**Dr Krishnankutty Menon**  
**Dr Zbiggy Brodzinsky**  
**Dr Benny Dahl & Dr Stephen Lewis**

10:00 - 10:30 COFFEE BREAK

## HALL A

### 10:30 - 12:00 **Session XV**

*Hip Arthroplasty* Difficult Hip Arthroplasty

Moderator: **Dr Ali Al Belooshi**

10:30 - 10:45 Leg length inequality: avoidance and management

10:45 - 11:00 The Unstable THA

11:00 - 11:15 Management of Acetabular bone deficiency

11:15 - 12:00 Panel Discussion – Cases Discussion

**Dr Afshin Taheriazam**

**Dr Mojieb Manzary**

**Dr Afshin Taheriazam**

Moderator: **Dr Ali Al Belooshi**

Panelist Speakers: **Dr Afshin Taheriazam, Dr Mojieb Manzary, Dr Mahmood Abdel Karim, Dr Shine Ashokan**

## HALL B

### 10:30 - 12:00 **Session XVI**

*Spinal Program* Spine Miscellaneous Topics

Moderator: **Dr Gemah Moammer**

10:30 - 10:40 Debate : Reducing Surgical Site Infection in Spine

10:40 - 11:05 Complications in Spine Surgery: How to identify and manage?

11:05 - 11:20 Pain management and Intradiscal Therapy in the spine

11:20 - 11:35 Future Innovative Techniques in Spine

11:35 - 11:55 Debate : Cases from Participants

11:55 - 12:00 Closing Remarks

**Dr Hassan Al Lawati**

**Dr Stephen Lewis**

**Dr Osama Attia**

**Dr Florian Roser**

**All Faculty**

**Dr Ahmed Al Jahwari**

12:00 - 14:00 **INDUSTRY LUNCH SYMPOSIUM BY ZIMMER: PERSONALIZED KNEE SOLUTIONS FOR THE 21<sup>ST</sup> CENTURY**  
**Dr Philippe Chapman-Sheath**

### 14:00 - 16:00 **Session XVII plenary**

*Shoulder Pathology and Management*

Moderator: **Dr Ali Al Suwaidi**

14:00 - 14:20 SLAP lesion out comes

14:20 - 14:40 Biceps pathology current managements

14:40 - 15:00 Upper limb tumors up date

15:00 - 15:20 Pectoralis tear, diagnosis, classification and treatment

15:20 - 16:00 Round table- cases discussion

**Dr Mohamad-Louay Jabban**

**Dr Philippe Landreau**

**Dr Sean Dudeney**

**Dr Ali Al Suwaidi**

Panel: **Dr Philippe Landreau, Dr Sean Dudeney, Dr Ali Al Suwaidi, Dr Mohamad-Louay Jabban**

**Closing Remarks by Dr Saeed Al Thani**



# PROGRAM BY SPECIALTY

## Sport Medicine – Knee

**April 30<sup>th</sup>, 2015**

08:00 - 10:00 **1<sup>st</sup> Session – Interior Cruciate Ligament Injuries**

Moderators: **Dr Nader Darwich, Dr Yaaqoub Al Hammadi**

- 08:00 - 08:10 Non Operative management of ACL
- 08:10 - 08:20 ACL Injury: Early or late reconstruction, what is the controversy ?
- 08:20 - 08:35 Avoiding/Managing Intraoperative Complications with primary ACL Surgery
- 08:35 - 08:45 Anatomic Single Bundle ACL reconstruction Technique
- 08:45 - 08:55 Anatomic Double Bundle ACL reconstruction Technique
- 08:55 - 09:00 Discussion
- 09:00 - 09:30 Opening Ceremony
- 09:30 - 09:45 Debate "Anatomical ACL single bundle vs Double bundle"
  
- 09:45 - 10:00 Anatomical ACLR with residual pivot shift. What to do?
- 10:00 - 10:15 Take the tibial slope into consideration in osteotomies with instabilities
- 10:15 - 10:25 What's New in ACL Rehabilitation
- 10:25 - 10:30 Questions

**Dr Mohammad-Ashfaq Konchwalla  
Dr Harris Zourelidis  
Dr Nader Darwich  
Dr Joao Espreguera-Mendes  
Dr Pascal Christel**

**Dr Joao Espreguera-Mendes  
Dr Pascal Christel  
Dr Philippe Neyret  
Dr Karl Almqvist  
Dr Abdul Hameed Al Attar**

**April 30<sup>th</sup>, 2015**

11:00- 12:30 **2<sup>nd</sup> Session – Meniscal Injuries**

Moderators: **Dr Usama Saleh, Dr Charles Brown**

- 11:00 - 11:15 Anterior knee pain in adults
- 11:15 - 11:30 Meniscal lesions: Etiology & Diagnosis
- 11:30 - 11:45 Save the meniscus, but: Why?
- 11:45 - 12:00 Techniques in Meniscal repair
- 12:00 - 12:15 Meniscal root and radial tear
- 12:15 - 12:30 Questions

**Dr Usama Saleh  
Dr Christopher Butcher  
Dr Philippe Neyret  
Dr Charles Brown  
Dr Mohammad Razi**

**April 30<sup>th</sup>, 2015**

14:30 – 16:00 **Hall A 3<sup>rd</sup> Session – Painful Knee and Revision ACL Surgery**

Moderators: **Dr William Murrell, Dr Karl Almqvist**

- 14:30 - 14:45 Alternative strategy in managing the patient with a degenerative, painful knee
- 14:45 - 15:00 Microfracture vs Mosaicplasty , is it worth it? What the literature says?
- 15:00 - 15:15 Techniques to restore the joint surface when chondral pathologies/ defects are present
- 15:15 - 15:30 Revision ACL surgery consideration and minimizing complication
- 15:30 - 16:00 Panel Case discussion & Questions

**Dr William Murrell  
Dr Joao Espreguera-Mendes  
Dr Karl Almqvist**

**Dr Joao Espreguera-Mendes**

**April 30<sup>th</sup>, 2015**

16:30 - 18:00 **Hall A 4<sup>th</sup> Session – Complex Ligamentous Knee Injury**

Moderators: **Dr William Murrell, Dr Karl Almqvist**

- 16:30 - 16:50 Dislocated Knee Management: An Algorithm - How To Get Success!  
 16:50 - 17:05 PCL Reconstruction - What's the Best Way?  
 17:05 - 17:20 Anatomic MCL Reconstruction  
 17:20 - 17:35 Arthroscopic management of posterolateral corner injuries of the knee  
 17:35 - 18:00 Case presentations & questions

**Dr Philippe Neyret  
 Dr Fabrizio Margheritini  
 Dr Charles Brown  
 Dr Mohammad Razi**

## Foot and Ankle

**April 30<sup>th</sup>, 2015**

14:30 - 16:00 **Hall B 1<sup>st</sup> Session – Ankle Ligaments Injury**

Moderators: **Dr Salim Al Nuaimi, Dr Leslie Cannon**

- 14:30 - 14:45 Syndesmosis Injury  
 14:45 - 15:00 Ankle instability  
 15:00 - 15:15 Achilles tendinitis and haglund's deformity  
 15:15 - 15:30 Posterior ankle arthroscopy  
 15:30 - 16:00 Group Discussion Ankle injury

**Dr Ali Al Amoudi  
 Dr Omar Batouk  
 Dr Husam Darwish  
 Dr Leslie Cannon  
 All Faculty**

**April 30<sup>th</sup>, 2015**

16:30 - 17:30 **Hall B 2<sup>nd</sup> Session – Ankle Osteoarthritis**

Moderators: **Dr Salim Al Nuaimi, Dr Leslie Cannon**

- 16:30 - 16:45 Ankle OA/Fusion  
 16:45 - 17:00 Ankle OA/ Replacement  
 17:00 - 17:30 Group Discussion Ankle OA

**Dr Maan Tabaa  
 Dr Johnny Lau  
 Dr Johnny Lau / Dr Maan Tabaa**

## Knee Arthroplasty

**May 1st, 2015**

08:00 – 10:00 **1<sup>st</sup> Session – Primary Knee Arthroplasty – Part 1**

Moderators: **Dr Yaaqoub Al Hammadi, Dr Mojieb Manzary**

08:00 - 08:15	Knee Osteoarthritis: Use of investigations and non-operative management in the Australian primary care setting'	<b>Dr Michael McAuliffe</b>
08:15 - 08:30	HTO vs. Unicdylar replacement, indications, patient selection, techniques	<b>Dr Mojieb Manzary</b>
08:30 - 08:45	Lateral Unicdylar Knee Replacement: is it worth it?	<b>Dr Yaaqoub Al Hammadi</b>
08:45 - 09:00	Knee pain during the first 3 months after unilateral total knee arthroplasty A multi-Centre prospective observational cohort study	<b>Dr Michael McAuliffe</b>
09:00 - 09:15	Primary knee replacement in Varus knee, steps, alignment, soft tissue balance	<b>Dr Tarek Abuzakuk</b>
09:15 - 09:30	Primary knee replacement in Valgus knee, steps, alignment, soft tissue balance	<b>Dr Wael Osman</b>
09:30 - 09:45	Resurfacing the Patella in 2015, what are the evidence?	<b>Dr Ali Al Belooshi</b>
09:45 - 10:00	Patient expectations and satisfaction in TKA	<b>Dr Michael McAuliffe</b>

**May 1st, 2015**

10:30 - 12:00 **2<sup>nd</sup> Session – Primary Knee Arthroplasty – Part 2**

Moderators: **Dr Sultan Al Maskari, Dr Ali Al Belooshi**

10:30 - 10:45	The ANZ Experience with a Kinematic TKA	<b>Dr Michael McAuliffe</b>
10:45 - 11:00	Game Changers in Total Knee Arthroplasty: Tranexamic Acid and Other New Modalities	<b>Dr Sultan Al Maskari</b>
11:00 - 11:15	Pain management in TKR, my ideal choice	<b>Dr Tarig Hassan</b>
11:15 - 12:00	Panel discussion – Cases Discussion	

Moderator: **Dr Michael McAuliffe**

Panelist Speakers: **Dr Sultan Al Maskari, Dr Ali Al Belooshi, Dr Tarek Abuzakuk, Dr Mojieb Manzary**

**May 1<sup>st</sup>, 2015**

14:30 - 16:00 **Hall A 3<sup>rd</sup> Session – Revision Knee replacement – Part 1**

Moderators: **Dr Usama Saleh, Dr Assem Tantawy**

14:30 - 14:45	Preoperative Planning and principles of Revision TKA	<b>Dr Philip Chapman-Sheath</b>
14:45 - 15:00	Revision TKA in KSA, lessons learn, challenges to face	<b>Dr Mojieb Manzary</b>
15:00 - 15:15	Revision TKA - Why is TKA failing in 2015: Can the Australian National Joint Registry help refine our practice?	<b>Dr Michael McAuliffe</b>
15:15 - 15:30	Management of Bone deficiency in TKA, stepwise Approach	<b>Dr Wael Osman</b>
15:30 - 15:45	The Role of Hinges in Revision TKA: When to Use Them?	<b>Dr Philip Chapman-Sheath</b>
15:30 - 16:00	Infected knee replacement. How to manage?	<b>Dr Tarig Hassan</b>

**May 1st, 2015**

16:30 – 18:00 **Hall A 4<sup>th</sup> Session – Revision Knee replacement – Part 2**

Moderators: **Dr Usama Saleh, Dr Assem Tantawy**

16:30 - 16:45 Ruptured the Patella Tendon During TKR, Now What? **Dr Saeed Al Thani**  
How to Solve the Issue with Ethics!

16:45 - 17:00 Periprosthetic fractures around TKA **Dr Usama Saleh**

17:00 - 18:00 Panel Discussion - Difficult Cases

Moderator: **Dr Mojieb Manzary**

Panelist Speakers: **Dr Ali Al Belooshi, Dr Wael Osman, Dr Tarig Hassan, Dr Michael McAuliffe, Dr Philip Chapman-Sheath**

## Spinal Program

**May 1<sup>st</sup>, 2015**

14:30 – 16:00 **Hall B 1<sup>st</sup> Session – Principles Of Spine Care & Case Discussions**

Moderators: **Dr Ahmed Al Jahwari, Dr Benny Dahl**

14:30 - 14:40 Thoracolumbar burst fracture with no neurology: surgery versus conservative **Dr Krishnankutty Menon**

14:40 - 14:55 Spinal Instrumentation: Basic Concepts and Biomechanics **Dr Stephen Lewis**

14:55 - 15:10 Cervical myelopathy: When to operate? **Dr Firas Al Husban**

15:10 - 15:20 Controversies in the Surgical Management of Spinal Cord Injuries **Dr Ahmed Al Jahwari**

15:20 - 15:30 Discussion & Questions All Faculty

*Case Discussions*

Moderators: **Dr Krishnankutty Menon, Dr Stephen Lewis**

15:30 - 15:40 Case 1 Cervical Myelopathy **Dr Firas Al Husban**

15:40 - 15:50 Case 2 Degenerative Spondylolisthesis; Decompress only or fuse? **Dr Benny Dahl**

15:50 - 16:00 Case 3 Tumor **Dr Gemah Moammer**

**May 1<sup>st</sup>, 2015**

16:30 – 18:00 **Hall B 2<sup>nd</sup> Session – Debates in Spine Surgery**

*Debates 1: Cervical Radiculopathy*

Moderator: **Dr Krishnankutty Menon**

16:30 - 16:40	Laminoforaminotomy is ideal and the least invasive	<b>Dr Gemah Moammer</b>
16:40 - 16:50	ACDF is the gold standard	<b>Dr Stephen Lewis</b>
16:50 - 17:00	Arthroplasty is the evidence based intervention	<b>Dr Zbiggy Brodzinsky</b>

*Debates 2: Recurrent Lumbar Disc*

Moderator: **Dr Stephen Lewis**

17:00 - 17:10	Revision Discectomy?	<b>Dr Krishnankutty Menon</b>
17:10 - 17:20	Discectomy & Fusion?	<b>Dr Khaled Faraj</b>
17:20 - 17:30	Discussion	<b>All Faculty</b>
17:30 - 18:00	Panel Discussion – Cases Discussion	<b>All Faculty</b>

**May 2<sup>nd</sup>, 2015**

**08:00 - 10:00 Hall B 3<sup>rd</sup> Session – Spinal Deformity Management**

Moderators: **Dr Krishnankutty Menon, Dr Firas Al Husban**

08:00 - 08:15	Adolescent Idiopathic Scoliosis: classification and decision making	<b>Dr Stephen Lewis</b>
08:15 - 08:40	Surgical treatment of pediatric deformities - from magnetic rods to posterior fusion	<b>Dr Benny Dahl</b>
08:40 - 08:55	VCR, PSO, and Osteotomies for Severe Scoliosis: When and Which Procedures?	<b>Dr Benny Dahl</b>
08:55 - 09:05	Case Presentations: Pediatric deformity: selection of fusion levels	<b>Dr Krishnankutty Menon</b>
09:05 - 09:15	Osteotomy Technique: step by step- Video Demonstration	<b>Dr Stephen Lewis</b>
09:15 - 09:20	Discussion & Questions	
09:20 - 09:35	Management of Degenerative Adult Scoliosis: when to operate and when to fuse	<b>Dr Krishnankutty Menon</b>
09:35 - 09:45	Case Presentation: De Novo Scoliosis	<b>Dr Zbiggy Brodzinsky</b>
09:45 - 10:00	High Grade Spondylolisthesis- Case & Video Demonstration	<b>Dr Benny Dahl &amp; Dr Stephen Lewis</b>

**May 2<sup>nd</sup>, 2015**

**10:30 – 12:00 Hall B 4<sup>th</sup> Session – Spine Miscellaneous Topics**

Moderator: **Dr Gemah Moammer**

10:30 - 10:40	Debate: Reducing Surgical Site Infection in Spine	<b>Dr Hassan Al Lawati</b>
10:40 - 11:05	Complications in Spine Surgery: How to identify and manage?	<b>Dr Stephen Lewis</b>
11:05 - 11:20	Pain management and Intradiscal Therapy in the spine	<b>Dr Osama Attia</b>
11:20 - 11:35	Future Innovative Techniques in Spine	<b>Dr Florian Roser</b>
11:35 - 11:55	Debate: Cases from Participants	<b>All Faculty</b>
11:55 - 12:00	Closing Remarks	<b>Dr Ahmed Al Jahwari</b>



## Hip Arthroplasty

**May 2<sup>nd</sup>, 2015**

08:00 – 10:00 **Hall B 1<sup>st</sup> Session – Primary Hip replacement**

Moderator: **Dr Shine Ashokan**

08:00 - 08:15	Preoperative Planning and Templating	<b>Dr Afshin Taheriazam</b>
08:15 - 08:30	Pros and Cons of bearing option in THA- patient demand matching	<b>Dr Mahmood Abdel Karim</b>
08:30 - 08:45	Acetabular preparation and cup placement	<b>Dr Shine Ashokan</b>
08:45 - 09:00	Maximizing stability in THA, large head, dual mobility	<b>Dr Ali Al Belooshi</b>
09:00 - 09:15	How to manage difficult primary hip – Sickle Cell Disease	<b>Dr Mojieb Manzary</b>
09:15 - 09:45	How to manage difficult primary hip - Developmental Dysplasia of the Hip	<b>Dr Afshin Taheriazam</b>
09:45 - 10:00	Guidelines for VTE Prophylaxis in Orthopaedics / Arthroplasty	<b>Dr Mahmood Abdel Karim</b>

**May 2<sup>nd</sup>, 2015**

10:30 - 12:00 **Hall B 2<sup>nd</sup> Session – Difficult Hip Arthroplasty**

Moderator: **Dr Ali Al Belooshi**

10:30 - 10:45	The Unstable THA	<b>Dr Mojieb Manzary</b>
10:45 - 11:00	Leg length inequality: avoidance and management	<b>Dr Afshin Taheriazam</b>
11:00 - 11:15	Management of Acetabular bone deficiency	<b>Dr Afshin Taheriazam</b>
11:15 - 12:00	Panel Discussion – Cases Discussion	

Moderator: **Dr Ali Al Belooshi**

Panelist Speakers: **Dr Afshin Taheriazam, Dr Mojieb Manzary, Dr Mahmood Abdel Karim, Dr Shine Ashokan**

## Shoulder Pathology and Management

**May 2<sup>nd</sup>, 2015**

14:00 - 16:00 **1<sup>st</sup> Session – Shoulder Pathology and Management**

Moderator: **Dr Ali Al Suwaidi**

14:00 - 14:20	SLAP lesion outcomes	<b>Dr Mohamad-Louay Jabban</b>
14:20 - 14:40	Biceps pathology current managements	<b>Dr Philippe Landreau</b>
14:40 - 15:00	Upper limb tumors up date	<b>Dr Sean Dudeney</b>
15:00 - 15:20	Pectoralis tear, diagnosis, classification and treatment	<b>Dr Ali Al Suwaidi</b>
15:20 - 16:00	Round table - Cases discussion	

Panel: **Dr Philippe Landreau, Dr Sean Dudeney, Dr Ali Al Suwaidi, Dr Mohamad-Louay Jabban**